

January Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			3 Waffles, yogurt Fruit, juice, milk	4 Donut Fruit, juice, milk
7 Muffins, Cereal Fruit, Juice, Milk	8 Pancake on stick Fruit, juice, milk	9 Breakfast bar Toast Fruit, juice, milk	10 Waffles, yogurt Fruit, juice, milk	11 Donut Fruit, juice, milk
14 Muffins, Cereal Fruit, Juice, Milk	15 Pancake on stick Fruit, juice, milk	16 Egg sandwich Fruit, juice, milk	17 Waffles, yogurt Fruit, juice, milk	18 Donut Fruit, juice, milk
21 Muffins, Cereal Fruit, Juice, Milk	22 Pancake on stick Fruit, juice, milk	23 Breakfast bar Toast Fruit, juice, milk	24 Waffles, yogurt Fruit, juice, milk	25 Donut Fruit, juice, milk
28 Muffins, Cereal Fruit, Juice, Milk	29 Pancake on stick Fruit, juice, milk	30 Egg sandwich Fruit, juice, milk	31 Waffles, yogurt Fruit, juice, milk	1 Donut Fruit, juice, milk

January Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			3 Meat balls Mashed potatoes Mandarin oranges Mixed vegetables Bread Milk	4 Cooks choice
7 Chicken fajitas Corn Pineapple Sour cream Lettuce Cheese Milk	8 Hamburger w/bun cheese French fries Broccoli Baby carrots Peaches Milk	9 Corn dog Chips Pears Baked beans Milk	10 Sub sandwich Tortilla chips Nacho cheese sauce Mixed vegetables Mandarin oranges	11 Goulash Peas Mixed fruit Milk
14 Nachos w\ meat & cheese Pineapple Corn Milk	15 Hot Dogs w / bun Baked Beans PEACHES Baby Carrots KETCHUP Baked Lays chips Milk	16 Cheeseburger Macaroni* PEAS: PEARS: Milk	17 Meat balls Mashed potatoes Mandarin oranges Mixed vegetables Bread Milk	18 Chili Cinnamon rolls Green beans Applesauce milk
21 Soft shell Tacos Cron Pineapple Milk	22 Rib Patty Sandwich* French Fries Peaches Broccoli Milk	23 Tater tot casserole Pears Peas Bread Milk	24 Mandarin Orange Chicken W/G* Brown Rice* BROCCOLI: Mandarin Oranges Milk	25 Spaghetti W/Meat Sauce Green Beans Low Cheese sticks Applesauce Milk
28 Beef Gravy includes meat * Mashed Potatoes Corn Canned PINEAPPLE CHUNKS: Milk	29 Tenderloin on W/g Bun * Cheesy Potatoes BROCCOLI: frozen, boiled * PEACHES: canned,light syrup* KETCHUP * milk	30 Chicken Breast Unbreaded* Buns French Fries Curley* Broccoli Applesauce Milk	31 SALISBURY STEAK Mashed Potatoes Bread Margarine Mandarin Oranges* Mixed Vegetables Frozen* Milk	1 Cooks choice