

# October Lunch

1 Chicken Fajita Taco shell Corn Pineapple Cheese Lettuce Tomatoes Salsa Sour cream Milk	2 Hamburger cheese Bun Tri taters Peaches Broccoli Ketchup Milk	3 Corn Dog Baked beans Mandarin oranges Milk	4 Sub Sandwich Tortilla chips Nacho cheese Mandarin Oranges Mixed vegetables Milk	5 Garlic cheese bread Tomato soup Mixed fruit Yogurt Milk
	9 Hot dogs Bun Baked beans Peaches Milk	10 Cheeseburger Macaroni Peas Pears Milk	11 Taco meat Nacho chips Nacho cheese Lettuce Broccoli Pineapple Milk	12 Cheese Pizza Green beans Applesauce milk
15 Soft shell tacos Cheese Lettuce Sour cream Corn Pineapple Milk	16 Pulled pork Bun Tri taters Peaches Mixed vegetables Milk	17 Tater tots casserole Pears Peas Bread Margarine Milk	18 Mandarin orange chicken Brown rice Mandarin oranges Broccoli Milk	19 Spaghetti w/meat sauce Green beans Applesauce Mozzarella cheese sticks Milk
22 Beef gravy Mashed potatoes Bread Margarine Corn Pineapple Milk	23 Tenderloin Bun Cheesy potatoes Broccoli Peaches Milk	24 Chicken breast Bun Curly fries Peas Applesauce Milk	25 Salisbury steak Mashed potatoes Green beans Mandarin oranges Bread Margarine Milk	26 Cooks choice
29 Crispito Cheese Sour cream Pineapple Corn Milk	30 Beefburgers Bun Fries Peaches Broccoli Milk	31 Chicken gravy Biscuit Mixed vegetables Pears Milk	1 French Toast Sticks Hashbrown patty Egg patty Carrots Mixed fruit	2 Hot ham & cheese Bun Baked beans Applesauce Milk

# October Breakfast

1 Breakfast pizza Fruit Juice Milk	2 Pancake on stick Fruit Juice Milk	3 Breakfast pizza Fruit Juice Milk	4 Waffles Yogurt Fruit Juice milk	5 Donut Fruit Juice Milk
8	9 Pancake on stick Fruit Juice Milk	10 Breakfast pizza Fruit Juice Milk	11 Waffles Yogurt Fruit Juice milk	12 Donut Fruit Juice Milk
15 Breakfast pizza Fruit Juice Milk	16 Pancake on stick Fruit Juice Milk	17 Egg sandwich Fruit Juice Milk	18 Waffles Yogurt Fruit Juice milk	19 Donut Fruit Juice Milk
22 Muffin Cereal Fruit Juice Milk	23 Pancake on stick Fruit Juice Milk	24 Breakfast pizza Fruit Juice Milk	25 Waffles Yogurt Fruit Juice milk	26 Donut Fruit Juice Milk
28 Breakfast pizza Fruit Juice Milk	29 Pancake on stick Fruit Juice Milk	30 Breakfast pizza Fruit Juice Milk	1 Waffles Yogurt Fruit Juice milk	2 Donut Fruit Juice Milk