

Breakfast

Monday

Tuesday

Wednesday

Thursday

Friday

23
Waffles w/g elem
Syrup Cups Sugar Free *
PEACHES: canned,light syrup*
Orange Juice 100% *
Milk 1% Low fat White*
Cereal, Cold
yogurt
Milk Chocolate FF*
Milk Skim*

24
Ring Donut (W/G) *
Mixed Fruit Cups*
Orange Juice 100% *
Milk 1% Low fat White*

27
Muffin Choc Chunk Elem
Milk 1% Low fat White*
Orange Juice 100% *
Mixed Fruit Cups*
CEREAL,VARIETY*

28
Pancake/Sausage stick *
PEARS: canned,syrup *
Orange Juice 100% *
Milk 1% Low fat White*
Syrup Cups Sugar Free *

29
Egg Patty
Hamburger Buns
Cereal, Cold
Orange Juice 100% *
Milk 1% Low fat White*
Mixed Fruit Cups*
Milk Chocolate FF*
Milk Skim*

30
Waffles w/g elem
Syrup Cups Sugar Free *
PEACHES: canned,light syrup*
Orange Juice 100% *
Milk 1% Low fat White*
CEREAL,VARIETY*
yogurt

31
Ring Donut (W/G) *
Mixed Fruit Cups*
Orange Juice 100% *
Milk 1% Low fat White*

3

4
Pancake/Sausage stick *
PEARS: canned,syrup *
Orange Juice 100% *
Milk 1% Low fat White*
Syrup Cups Sugar Free *

5
Egg Patty
Hamburger Buns
Cereal, Cold
Orange Juice 100% *
Milk 1% Low fat White*
Mixed Fruit Cups*
Milk Chocolate FF*
Milk Skim*

6
Waffles w/g elem
Syrup Cups Sugar Free *
PEACHES: canned,light syrup*
Orange Juice 100% *
Milk 1% Low fat White*
CEREAL,VARIETY*
yogurt

7
Ring Donut (W/G) *
Mixed Fruit Cups*
Orange Juice 100% *
Milk 1% Low fat White*

10
Muffin Choc Chunk Elem
Milk 1% Low fat White*
Orange Juice 100% *
Mixed Fruit Cups*
CEREAL,VARIETY*

11
Pancake/Sausage stick *
PEARS: canned,syrup *
Orange Juice 100% *
Milk 1% Low fat White*
Syrup Cups Sugar Free *

12
Egg Patty
Hamburger Buns
Cereal, Cold
Orange Juice 100% *
Milk 1% Low fat White*
Mixed Fruit Cups*
Milk Chocolate FF*
Milk Skim*

13
Waffles w/g elem
Syrup Cups Sugar Free *
PEACHES: canned,light syrup*
Orange Juice 100% *
Milk 1% Low fat White*
CEREAL,VARIETY*
yogurt

14
Ring Donut (W/G) *
Mixed Fruit Cups*
Orange Juice 100% *
Milk 1% Low fat White*

17
Muffin Choc Chunk Elem
Milk 1% Low fat White*
Orange Juice 100% *
Mixed Fruit Cups*
CEREAL,VARIETY*

18
Pancake/Sausage stick *
PEARS: canned,syrup *
Orange Juice 100% *
Milk 1% Low fat White*
Syrup Cups Sugar Free *

19
Egg Patty
Hamburger Buns
Cereal, Cold
Orange Juice 100% *
Milk 1% Low fat White*
Mixed Fruit Cups*
Milk Chocolate FF*
Milk Skim*

20
Waffles w/g elem
Syrup Cups Sugar Free *
PEACHES: canned,light syrup*
Orange Juice 100% *
Milk 1% Low fat White*
CEREAL,VARIETY*
yogurt

21
Ring Donut (W/G) *
Mixed Fruit Cups*
Orange Juice 100% *
Milk 1% Low fat White*

24
Muffin Choc Chunk Elem
Milk 1% Low fat White*
Orange Juice 100% *
Mixed Fruit Cups*
CEREAL,VARIETY*

25
Pancake/Sausage stick *
PEARS: canned,syrup *
Orange Juice 100% *
Milk 1% Low fat White*
Syrup Cups Sugar Free *

26
Egg Patty
Hamburger Buns
Cereal, Cold
Orange Juice 100% *
Milk 1% Low fat White*
Mixed Fruit Cups*
Milk Chocolate FF*
Milk Skim*

27
Waffles w/g elem
Syrup Cups Sugar Free *
PEACHES: canned,light syrup*
Orange Juice 100% *
Milk 1% Low fat White*
CEREAL,VARIETY*
yogurt

28
Ring Donut (W/G) *
Mixed Fruit Cups*
Orange Juice 100% *
Milk 1% Low fat White*

Monday	Tuesday	Wednesday	Thursday	Friday
			23 Crispito* Shredded Cheddar cheese* Corn Canned PINEAPPLE CHUNKS: REFRIED BEANS* Milk 1% Low fat White* Milk Chocolate FF* Milk Skim* SALSA:COMMODITY* Sour Cream Packet * Baby Carrots* Lettuce	24 Macaroni & Cheese PEAS: frozen,boiled* Mixed Fruit Cups* Milk 1% Low fat White* Milk Chocolate FF* Milk Skim* Baby Carrots* Lettuce SALAD DRESSING,Assorted* Cherry Tomato*
27 chicken fajita * HS Fajita Blend * Corn Canned Shredded Cheddar cheese* FRUIT,FRESH ASSORTED PINEAPPLE CHUNKS:LI Syrup * Salad, Mixed Greens* SALAD DRESSING,Assorted* Baby Carrots* Sour Cream Packet * Salsa Cups* Milk Skim* Milk 1% Low fat White*	28 Hamburger on W/G Bun* cheese slices* French Fries Ovation * Broccoli PEACHES: canned,light syrup* KETCHUP * SALAD DRESSING,Assorted* Salad, Mixed Greens* Milk Skim* Mustard Packet * Milk 1% Low fat White* Milk Chocolate FF*	29 Corn Dog (Turkey dog W/W Baked Beans (Bush's)* Mandarin Oranges* Green Beans Low Sodium* SALAD DRESSING,Assorted* * Salad, Mixed Greens* Baby Carrots* Cottage Cheese Milk Skim* Milk 1% Low fat White*	30 Sub Sandwiches Tortilla chips* NACHO CHEESE SAUCE BEETS: canned* Mandarin Oranges* Tomatoes, fresh sliced* Bell Peppers SALAD DRESSING,Assorted* Salad, Mixed Greens* Baby Carrots* Milk Skim* Milk 1% Low fat White*	31 Pizza (cheese)* Green Beans Low Sodium* Applesauce Unsweetened* Milk 1% Low fat White* Milk Chocolate FF* Milk Skim* Baby Carrots* Lettuce SALAD DRESSING,Assorted* Cherry Tomato*
3	4 Hot Dogs / bun Baked Beans (Bush's)* PEACHES: canned,light syrup* SALAD DRESSING,Assorted* Baby Carrots* KETCHUP * Mustard Packet * Baked Lays chips* Milk Skim* Milk 1% Low fat White*	5 Cheeseburger Macaroni* PEAS: frozen,boiled* PEARS: canned,syrup * Salad, Mixed Greens* SALAD DRESSING,Assorted* Baby Carrots* Milk Skim* Milk 1% Low fat White*	6 SALISBURY STEAK Mashed Potatoes (Idahoan) * Beef Gravy Mix* Mixed Vegetables Frozen* PEARS: canned,syrup ** SALAD DRESSING,Assorted* Baby Carrots* Cottage Cheese Bread- Whole grain white* Margarine Portion Cups * Milk Skim* Milk 1% Low fat White*	7 Hot Ham and Cheese* Baked Beans (Bush's)* Applesauce Unsweetened* FRUIT,FRESH ASSORTED SALAD DRESSING,Assorted* Salad, Mixed Greens* Baby Carrots* Milk Skim* Celery, Raw Milk 1% Low fat White* Milk Chocolate FF*
10 Soft Shell Tacos HS* Shredded Cheddar cheese* SALSA:COMMODITY* Corn Canned REFRIED BEANS* PINEAPPLE CHUNKS:LI Syrup * SALAD DRESSING,Assorted* Baby Carrots* Sour Cream Packet * Bread- Whole grain milk	11 Rib Patty Sandwich* French Fries Ovation * PEACHES: canned,light syrup* Broccoli Salad, Mixed Greens* SALAD DRESSING,Assorted* Baby Carrots* Milk Skim* Milk 1% Low fat White	12 Tater Tot Casserole * Mixed Vegetables Frozen* PEARS: canned,syrup * Bread- Whole grain Margarine, * SALAD DRESSING,Assorted* Baby Carrots* Milk Skim* Milk 1% Low fat White*	13 Chicken nuggets W/G* Brown Rice* BROCCOLI: frozen, boiled * KIDNEY BEANS: low Sodium* Applesauce Unsweetened* Mandarin Oranges* SALAD DRESSING,Assorted* Baby Carrots* Sweet and Sour Sauce HS * Milk Skim*	14 Spaghetti WithMeat Sau Green Beans Low Sodium* Breadsticks (Bosco) Applesauce Unsweetened* Milk 1% Low fat White* Milk Chocolate FF* Milk Skim* Baby Carrots* Cherry Tomato* Shredded Cheddar cheese

<p>17 Beef Gravy includes meat * Mashed Potatoes (Idahoan) * Corn Canned PINEAPPLE CHUNKS:Lt Syrup * Salad, Mixed Greens* SALAD DRESSING,Assorted* Baby Carrots* Milk 1% Low fat White* Milk Chocolate FF* Milk Skim*</p>	<p>18 Tenderloin on W/g Bun * Cheesy Potatoes BROCCOLI: frozen, boiled * PEACHES: canned,light syrup* KETCHUP * SALAD DRESSING,Assorted** Baby Carrots* PEARS: canned,syrup * Milk Skim* Milk 1% Low fat White*</p>	<p>19 Chicken Breast Unbreaded* Hamburger Buns French Fries Curley* Broccoli Normandy* 1 Applesauce Unsweetened * SALAD DRESSING,Assorted* Lettuce/Spinach Salad mix Baby Carrots* Milk Skim* Milk 1% Low fat White*</p>	<p>20 SALISBURY STEAK Mashed Potatoes (Idahoan) * Margarine Portion Cups * Mandarin Oranges* Mixed Vegetables Frozen* Baby Carrots* Bread- Whole grain white* Beef Gravy Mix* Milk Skim* Milk 1% Low fat White*</p>	<p>21 Cooks Choice</p>
<p>24 Crispito* Shredded Cheddar cheese* Corn Canned PINEAPPLE CHUNKS:Lt Syrup * REFRIED BEANS* Milk 1% Low fat White* Milk Chocolate FF* Milk Skim* SALSA:COMMODITY* Sour Cream Packet * Baby Carrots* Lettuce/Spinach Salad mix</p>	<p>25 Beefburgers Hamburger Buns Tater Tots* CARROTS: Low Sodium PEACHES: canned,light syrup* Salad, Mixed Greens* SALAD DRESSING,Assorted* KETCHUP * Milk Skim* Milk 1% Low fat White* Milk Chocolate FF*</p>	<p>26 Creamed Chicken on Biscuit Baking Powder Biscuits Mixed Vegetables Frozen* PEARS: canned,syrup * FRUIT,FRESH ASSORTED Salad, Mixed Greens* SALAD DRESSING,Assorted* Baby Carrots* Milk Skim* Milk 1% Low fat White*</p>	<p>27 French Toast Slices Hashbrown Patty* sausage patty 1.5 oz * Egg Omelet Syrup Cups Sugar Free * CARROTS: Low Sodium PEACHES: canned,light syrup* SALAD DRESSING,Assorted* Salad, Mixed Greens* Baby Carrots* Celery, Raw Milk Skim* Milk 1% Low fat White*</p>	<p>28 Hot Ham and Cheese* Baked Beans (Bush's)* Applesauce Unsweetened* SALAD DRESSING,Assorted* Salad, Mixed Greens* Baby Carrots* Milk Skim* Celery, Raw Milk 1% Low fat White*</p>